



Do you find it hard to smile when visiting the dentist?

There are many dental clinics out there promising the perfect smile for less and indeed you could pay less and get that dazzling new look today, but how do you know if that smile will last you a lifetime or just a few months or years?

This coupled with the fact that inexperienced dentists with little customer care and below par dental skills can create dental phobia, it's not surprising many people find it hard choosing a dentist or investing in their dental health at all! A visit to the dentist needn't be painful or cause feelings of fear or anxiety but unfortunately this is the case for many and has been caused, in part, by bad dentistry and the in, out, give me your money, cattle like approach many dentists have adopted in order to increase their profits. Low quality materials and unethical dentists can put your health, and investment, at risk and it is now more important than ever to research the right dentist for you!

Health Implications for Bad Dentistry

You may think that the main problem for patients who have suffered at the hands of an unethical dentist is unsightly teeth but unfortunately there are much wider implications than feeling socially unacceptable due to bad dentistry.

Poor dental health is linked to disease and premature death. A recent study of 100,000 people found that those who'd had their teeth cleaned by a dentist or hygienist twice or more over two years had a 24 per cent lower risk of heart disease and 13 per cent lower risk of a stroke.



The possible link is gum disease – the same bacteria found in the mouth have also been found in the hearts of people with coronary disease and these bacteria can also travel to the lungs. A study by the Yale School of Medicine found an increased rate of pneumonia among those with poor dental health. It has also even been linked to cancer – a study published by the journal BMJ discovered that people with a lot of dental plaque are more likely to die of cancer although the reason for this isn't yet understood.

Reasons to Smile with Bucharest British Dental Place

Here at Bucharest British Dental Place we don't just treat teeth, we treat people. We believe that when it comes to investing in dental health, every patient deserves their doctor's undivided time and attention and that is why we only see 4 or 5 patients per day. By offering such a boutique service we are able to spend as much time as needed with each patient to really listen to their story, explain all the options available and tailor a treatment plan together

that will ensure the longevity of their dental health for many years to come.

Whether you have suffered from bad dentistry in the past or not, our caring and ethical approach can help you regain the confidence a beautiful smile can bring. Why not get in touch for a free phone consultation with Dr Teasdale and find out how our advanced dental care experience can help you get your smile back. You can also register via email to receive Dr Teasdale's full article revealing inside information on "What Every Patient Should Know About Cheap Dentistry".

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